

Finally, we will consider the diversity of lifestyles, values and customs in the school and community, We will think of ways manage friendship problems and respect other people's view points and beliefs.

All of the above areas will be taught through careful discussions and activities, where the children's self-esteem goes hand in hand with accurate information as well as where/ when they can go to get more information at their level. Our aim is to ensure the children grow up to be able to be proud, confident, happy children who know it is ok to ask for help and advice.



St George's PSHE curriculum 2016



During this term we are going to be learning about how we can be healthy, how we can make (and keep) friends, how we grow up and change as well as how we can keep ourselves safe.

At St George's Primary School, we aim to teach the children about themselves, their surroundings, who they can turn to for advice and how to make good choices. Below are some examples of the areas we will be covering. If you have any questions, please feel free to come and talk to the class teachers who will be able to discuss the lessons in more detail.

Year 3

We will be using 'circle time' to develop the children's self-awareness, self-esteem and self-confidence. We will focus on identifying different emotions and explore our feelings in different situations.

The children will look at the importance of rules and the consequences of breaking rules. They will think about human rights and their own responsibilities as well as knowing how to be polite, respectful and considerate. We will consider careers and explore the range of jobs people do too.

They will focus on relationships and what they mean to them, along with the importance of belonging to a family. We will look at the range of different family

types. The children will consider the love shown for a baby by both the mother and father. Also, they will explore ways to deal with our feelings and think about loss and bereavement and how this makes us feel.

The children will examine ways to keep themselves safe and begin to recognise when they don't feel safe and what is appropriate behaviour and what isn't. They will learn to say no if they feel uncomfortable with a hug or cuddle through role play and class discussion. They will also think about what an accident is and how to give and receive help in a variety of situations.

We will explore ways to keep healthy and whose job it is to help us keep healthy and safe. The children will consider the importance of hygiene and the role this plays in keeping them healthy. We will discuss medicines and the correct usage.

The children will identify adults which they can trust and who they can ask for help and learn how and where to ask for help.



